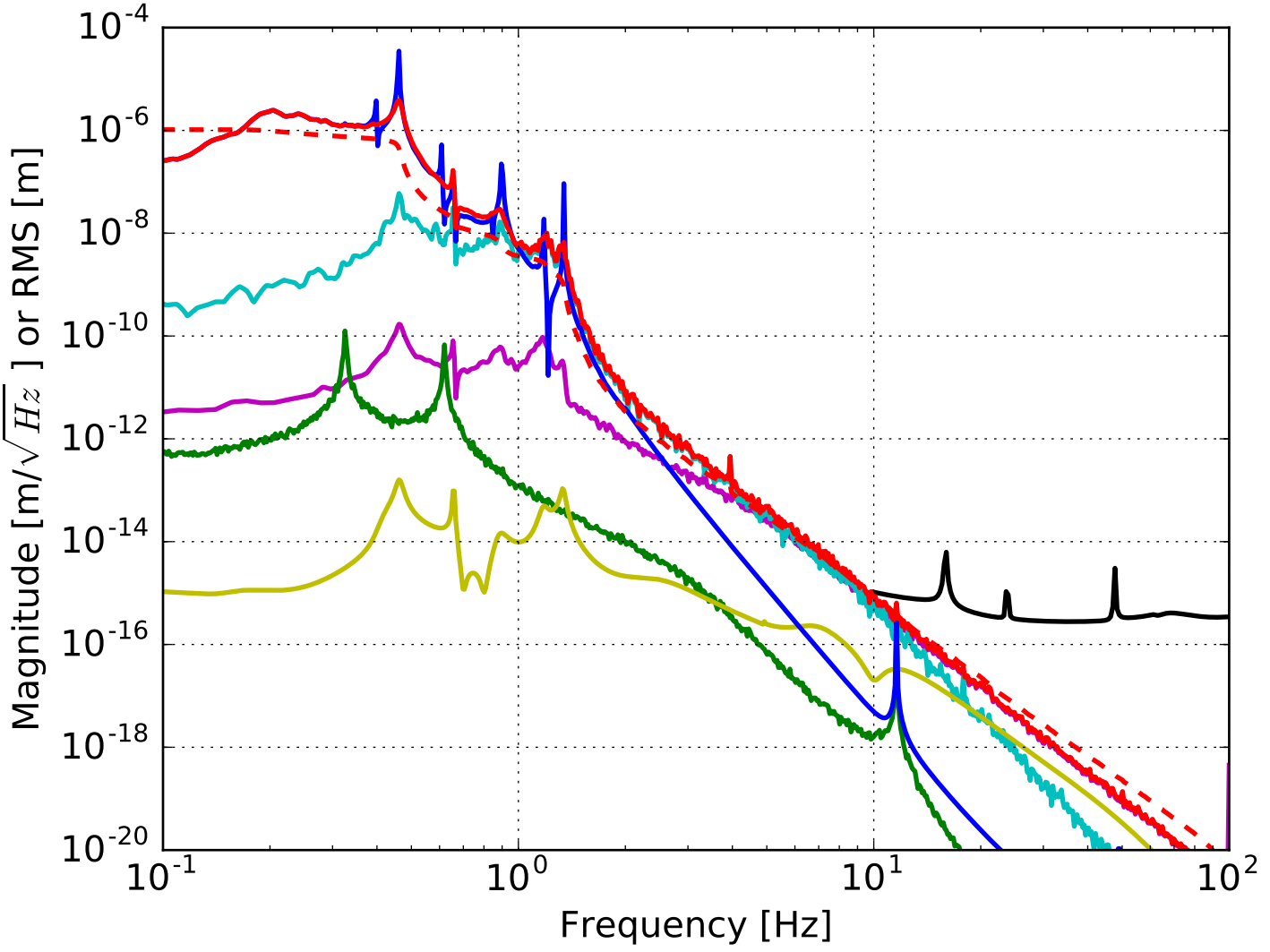
Magnitude [m/$\sqrt{Hz}$] or RMS [m]
Frequency [Hz]
10^{-4}
10^{-6}
10^{-8}
10^{-10}
10^{-12}
10^{-14}
10^{-16}
10^{-18}
10^{-20}
10^{-1}
10^{0}
10^{1}
10^{2}