This article discusses the search for gravitational wave (GW) backgrounds and presents the first upper limit on GWBs at 0.2 Hz. The article is structured as follows:

**Introduction.**—The standard cosmology predicts not only the cosmic microwave background (CMB) from the last scattering surface, but also gravitational wave backgrounds (GWBs) as the result of processes that take place shortly after the big bang. Astrophysical GWBs could also emerge from the superposition of a large number of unresolved sources. The proper frequency characteristic of the cosmological GWBs is determined by their frequency GW antennas.

A number of experiments have been performed to detect GWBs, but the Laser Interferometer Space Antenna (LISA) has set the lowest upper limit on GWB energy density per logarithmic frequency interval. The Laser Interferometer Gravitational Wave Observatory (LIGO) has found an upper limit at very low frequencies ($10^{-18}$–$10^{-16}$ Hz) [7]. In addition, the integrated $\Omega_{gw}(f) = \int \Omega_{gw}(f) d(ln(f))$ is indirectly constrained by the helium-4 abundance resulting from big-bang nucleosynthesis (BBN) [1] and measurements of the CMB and matter power spectra [8].

Currently, the low-frequency band at the range of 0.01–1 Hz is still unexplored, although several low-frequency GW antennas are being proposed and developed, e.g., the Deci-hertz Interferometer Gravitational Wave Observatory [10], and Atomic Gravitational Wave Interferometric Sensor [11].

In a previous Letter, we have proposed a torsion-bar antenna (TOBA) to search for GWs at 0.01–1 Hz [12]. For example, it is realistic to achieve a GW strain-equivalent noise level of $10^{-18}$ at 0.1 Hz, even with a ground-based configuration. In this configuration, the observable range reaches about 10 Gpc for $10^5 M_{\odot}$ black hole events. To evaluate TOBA's capabilities for low-frequency GW observations, we developed a small-scaled TOBA and performed a short observational run. This Letter presents the first upper limit on GWBs at 0.2 Hz obtained from the small-scaled TOBA as a demonstration of the capabilities, and discusses the future strategy of a TOBA.

**TOBA.—**A TOBA differs from conventional ground-based GW antennas in its fundamental sensitivity to GWs below 1 Hz. A TOBA consists of two rotational sensors and two bar-shaped test masses arranged parallel to the x-y plane and orthogonal to each other (see Fig. 1). Each test mass is suspended from its center, therefore, it behaves as a free mass in the rotational degree of freedom around the z axis. When x-polarized GWs of $h_{ij}(t)$ ($h_{12}(t) = h_{21}(t) = h_{ij}(t)$ and $h_{ij} = 0$ for $(i, j) \neq (1, 2, 2, 1)$) pass through a TOBA, tidal forces by the GWs will appear as angular fluctuations of the two test masses.
The angular fluctuation $\theta$ of a test mass from its original position obeys the equation of motion [12]:

$$\ddot{\theta}(f) = \frac{q_{12}}{2I} \tilde{h}_y(f) \left( f_{\text{res}} \ll f \ll \frac{I}{2\pi} \gamma \right), \quad (1)$$

where $I$, $q_{12}$, and $f_{\text{res}} = 1/(2\pi)\sqrt{I/\kappa}$ are the moment of inertia of the test mass, the dynamical quadrupole moment ($q_{12} = q_{21}$ and $q_{11} = -q_{22}$, see [13]), and the rotational resonance frequency, respectively. Here, $\gamma$ and $\kappa$ are the damping constant and the spring constant around the $z$ axis, respectively. A tilde ($\tilde{}$) denotes the Fourier transformation.

The equation of the motion of another test mass is also written as $\ddot{\theta}' = -q_{12}/(2I)\tilde{h}_x(f)$, where $\theta'$ is the angular fluctuation of the test mass. The differential fluctuation $\Delta \theta(t) \equiv \theta(t) - \theta'(t)$ is expressed as

$$\Delta \theta(f) = \frac{q_{12}}{I} \tilde{h}_y(f) \left( f_{\text{res}} \ll f \ll \frac{I}{2\pi} \gamma \right). \quad (2)$$

GWs can be detected from $\theta$ with the single-mass configuration or $\Delta \theta$ with the differential-measurement configuration at $f_{\text{res}} \ll f \ll I/(2\pi)\gamma$. In general, the resonance frequency $f_{\text{res}}$ in a torsion pendulum is as low as a few mHz [14]. Thus, a TOBA can have a fundamental sensitivity in a low-frequency band (0.01–1 Hz).

Small-Scaled TOBA.—We developed a small-scaled TOBA as shown in Fig. 2. The small-scaled TOBA mainly consists of a single test mass and an interferometric rotational sensor. As the first step, we applied the single-mass configuration, though we had to abandon the common mode noise rejection obtained from the differential measurement. Other unique equipment is a magnetic suspension based on the pinning effect of a type-II superconductor. This suspension can potentially provide large suspension forces with the low spring constant $\kappa$ and the low damping constant $\gamma$ without the drawbacks of contact [15].

Our test mass has an inverted $T$ shape with a horizontal length of 22.5 cm, a vertical length of 19 cm, and a mass of 131 g. On the top of the test mass, a symmetric neodymium (Nd) magnet ($\phi 22$ mm, $t 10$ mm) is attached. The superconductor, which is made of a Gd-Ba-Cu-O compound and has a critical temperature of 92 K, is placed above the Nd magnet. When the superconductor is cooled to about 65 K by a low-vibration pulse-tube cryocooler, the test mass is suspended by the magnetic forces between the Nd magnet and the superconductor. The shape of the test mass was chosen to bring the Nd magnet close to the superconductor and elongate the arms as much as possible. The spring constant and the damping constant of our suspension system are $\kappa = 3.6 \pm 2.1 \times 10^{-7}$ Nm/rd and $\gamma = 1.2 \pm 0.7 \times 10^{-8}$ Nms/rd (a rotational resonance frequency of about 5 mHz and a quality factor of about 1000), respectively. These values are similar to those of a typical tungsten-based torsion pendulum. The current damping constant is limited by the random collision of residual gas under $10^{-3}$ Pa condition.

We implement a laser Michelson interferometer using two mirrors attached on each end of the test mass. The angular fluctuation $\theta$ then is measured from the optical pass difference $\Delta l$ in the interferometer. The fluctuation $\theta$ is fed back to the test mass using coil-magnet actuators for the operation of the interferometer in its linear range. In this configuration, GW signals are read out from the feedback signal, just like the conventional antennas [16].

As a laser source, a Nd:YAG laser is used with a wavelength of 1064 nm and an output power of 40 mW. To compose the actuators with external coils, the test mass houses two samarium-cobalt (SmCo) magnets ($\phi 1$ mm, $t 0.5$ mm) at each end of the horizontal arm. The test mass and most of the readout interferometer are located in a vacuum chamber with magnetic and thermal shields to avoid the effects of external disturbances.

We find a GW strain-equivalent noise level $h(f)$ of $2 \times 10^{-9}$ Hz$^{-1/2}$ at around 0.2 Hz (Fig. 3). Current noise level is limited by environmental disturbances: seismic noise above 0.2 Hz and magnetic noise below 0.2 Hz. The seismic noise is from the unexpected coupling between the translation of the test mass induced by seismic disturbances.

FIG. 1 (color online). Principle of a TOBA. Two orthogonal test masses feel the tidal forces by incident GWs.

FIG. 2 (color online). Conceptual design of small-scaled TOBA.
motion and $\Delta l$ in the interferometer. The magnetic noise is introduced by the coupling between the residual nonaxial symmetry of the Nd magnet and the fluctuation of external magnetic fields. Little differences of the structure between the measured noise level and the estimated environmental noises shown in Fig. 3 are due to measurement conditions. The peaks at 0.3 Hz, 1.2 Hz, 3.5 Hz, and 7 Hz are identified as the effect of microseismic disturbances, the resonance of the rigid body pendulum of the test mass, the resonance of the platform of the chamber, and the resonance of the lab’s floor, respectively. Compression of the cryocooler also induces peaks at 3.9 Hz and 7.8 Hz.

More details of instrumental status, including noise analysis and performance of the magnetic suspension, are published as individual papers [17–19].

**Upper limit on GWBs.**—On August 15, 2009, we performed a one-night observational run using the small-scaled TOBA. The total length of the data was about 7.5 h. Using approximately $T_{\text{eff}} = 3.5$ h of stable low-noise data, we place an upper limit on $\Omega_{gw}(f_0)$ at $f_0 = 0.2$ Hz with a bandwidth of 10 mHz. Such arbitrary data selection is acceptable, since we assume stationary GWBs in this Letter.

The data analysis pipeline consists of estimating a GW energy-equivalent spectral density $\Omega_{eq}(f_0)$ and determining the upper limit $\Omega_{gw}^{UL}(f_0)$. Supposing that GWBs are isotropic and unpolarized, the $\Omega_{eq}(f_0)$ can be related to $h(f_0)$:

$$\Omega_{eq}(f_0) = \frac{10\pi^2}{3H_0^3} f_0^3 h^2(f_0).$$  \hspace{1cm} (3)

Here, $H_0$ is the Hubble constant, and its value is $70.4^{+1.3}_{-1.4}$ km/s/Mpc [20].

To obtain the estimator of $\Omega_{eq}(f_0)$, the data are divided into $t_s = 102.4$ s segments. The length of the segment is selected such that the bandwidth is much smaller than the target frequency ($1/t_s \ll f_0$) to obtain better frequency resolution and reduce the statistical error. We then have $120 \approx T_{\text{eff}}/t_s \Omega_{eq}(f_0)$ using Eq. (3). Then, the estimator $\hat{\Omega}_{eq}(f_0)$ is $2.9^{+0.22}_{-0.24} \times 10^{17}$ from the exponential fitting of the $\Omega_{eq}(f_0)$ distribution, rejecting the segments whose $\Omega_{eq}(f_0)$ are 5 times larger than the median calculated from all segments (see Fig. 4). The additional term is the statistical (fitting) error.

The upper limit on GWBs, $\Omega_{gw}^{UL}(f_0)$, can be described using a confidence level $C$ defined by

$$C = \int_{\hat{\Omega}_{eq}(f_0)}^{\infty} P[\Omega_{es}(f_0)|\Omega_{gw}^{UL}(f_0)]d\Omega_{es}(f_0),$$  \hspace{1cm} (4)

where $P[\Omega_{es}(f_0)|\Omega_{gw}^{UL}(f_0)]$ is a conditional probability distribution and obeys the Gaussian distribution:

$$P[\Omega_{es}(f_0)|\Omega_{gw}^{UL}(f_0)] \propto \exp\left[-\frac{[\Omega_{es}(f_0) - \Omega_{gw}^{UL}(f_0)]^2}{2\Omega_{gw}^{UL}(f_0)^2/N}\right].$$  \hspace{1cm} (5)

Here, $\Omega_{es}(f_0)$ is the estimator of $\Omega_{gw}(f_0)$ using the $N(=109)$ samples without noise. As a result we found $\Omega_{gw}^{UL}(f_0) = 3.4^{+0.26}_{-0.29} \times 10^{17}$ at $C = 0.95$.

The biggest systematic error is the sensitivity from $\Delta l$ to $\theta$. It arises from the uncertainty of the beam spot positions in the end mirrors. From the size of the mirrors, we find that the maximum error is about 10%. For $\Omega_{gw}^{UL}(f_0)$, this error is about 20%, since $\Omega_{eq}(f_0)$ is proportional to $\hat{\theta}^2(f_0)$. Considering the statistical error and the systematic error, we finally obtain a conservative upper limit of $\Omega_{gw}^{UL} = 4.3 \times 10^{17}$ at $C = 0.95$.

**Discussion.**—Comparison with the other experiments is shown in Fig. 5. Using the small-scaled TOBA, we successfully found the first nonintegrated upper limit on GWBs at the unexplored frequency that bridges the gap between the LIGO band (around 100 Hz) and the Cassini band ($10^{-6} - 10^{-4}$ Hz). Considering integrated upper
levels. The TOBA with the final configuration [12] will be in the final phase (phase III). A major change from the previous phase is 10 m scaled and cryogenically cooled test masses. The TOBA’s capabilities and successfully opened the unexplored frequency band that the current GW antennas can not access.

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