

Review

• Einstein equations: parallel transport! $\partial V^i = -R^i{}_{010} dx \cdot dt = -\Phi_{,11} dx \cdot dt$

• Add Newton & Energy-Momentum conservation:

$$G_{\mu\nu} = \bar{R}_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$R_{\mu\nu} = 8\pi G \bar{T}_{\mu\nu}$$

$$\bar{A}_{\mu\nu} = A_{\mu\nu} - \frac{1}{2} g_{\mu\nu} A$$

(trace-reverse op.)

• Meaning: $\frac{\ddot{V}}{V} = -4\pi G (\rho + 3p)$

• pressure is also a source
• $\rho + 3p$ dictates the volume evolution

• Linearized Gravity: $R_{\alpha\beta\mu\nu} = \frac{1}{2} [h_{\nu\alpha,\beta,\mu} - h_{\nu\beta,\alpha,\mu} - h_{\mu\alpha,\beta,\nu} + h_{\mu\beta,\alpha,\nu}]$

• invariant under "small" coordinate changes:

$$\tilde{h}_{\mu\nu} = h_{\mu\nu} + \xi_{\mu,\nu} + \xi_{\nu,\mu}$$

• Plane wave solutions: 2 polarizations h_+ , h_\times

• Effect on 2 separated freely falling particles: $a_x = R^x{}_{001} dx = -\frac{\omega^2 R_+}{2} dx$

$$\text{integrate} \Rightarrow \delta x = \frac{R_+}{2} \omega x$$

• Wave generation in Lorenz gauge: $\bar{R}^{\mu\nu}{}_{,\nu} = 0 \Rightarrow \square \bar{R}^{\mu\nu} = -16\pi G T_{\mu\nu}$

• but wave detection in Transverse Traceless gauge: $[A_{ij}]^{TT} = (P_{ij}^k P_{kl}^i - \frac{1}{2} P_{ij} P^{kl}) A_{kl}$

$$P_{ij} = \delta_{ij} - n_i n_j$$

$$\hat{n} = \hat{k}$$

• Generation of GW: Radiation field: $[\llcorner \llcorner \llcorner r$

$$\Rightarrow \bar{h}_{\mu\nu}^L = \frac{4G}{r} \left[\int T_{\mu\nu} d^3x \right]^{ret}$$

$$T^{\mu\nu}{}_{,\nu} = 0 \Rightarrow \bar{R}_{ij}^L = \frac{2G}{r} \frac{d^2}{dt^2} I_{ij}^{ret}$$

$$\Rightarrow h_{ij}^{TT} = \frac{2G}{r} \frac{d^2}{dt^2} [I_{ij}^{ret}]^{TT} = \frac{2G}{r} \frac{d^2}{dt^2} [7_{ij}^{TT}]^{TT}$$

$$\text{where } I_{ij} = \int d^3x \rho x^i x^j ; 7_{ij} = I_{ij} - \frac{1}{3} \delta_{ij} I$$

Energy & Momentum of Gravitational Waves

Recall: • In the Einstein equation

$$G_{\mu\nu}(g_{\mu\nu}) = 8\pi G T_{\mu\nu}$$

↑

$T_{\mu\nu}$ is only the energy & momentum
of matter

- Any self-gravitating energy & momentum from gravitational fields is already included in $G_{\mu\nu}$

(that is why $G_{\mu\nu}$ cannot be linear!)

• In linearized gravity (Lorentz gauge) we have

$$\square \bar{h}_{\mu\nu} = -16\pi G T_{\mu\nu} \quad \hat{=} \text{trace reversal}$$

$$\square h_{\mu\nu} = -16\pi G \bar{T}_{\mu\nu} \quad \bar{T}_{\mu\nu} = T_{\mu\nu} - \frac{1}{2} g_{\mu\nu} T$$

⇒ we need to go to 2nd order.

So let us go to 2nd order in h or T :

$$\text{Metric: } g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu} \quad (\text{to all orders})$$

$$h_{\mu\nu} = h_{\mu\nu}^{(1)} + h_{\mu\nu}^{(2)} \quad \text{with } O(h_{\mu\nu}^{(2)}) = O([h_{\mu\nu}^{(1)}]^2)$$

In vacuum $R_{\mu\nu}(g_{\mu\nu}) = 0$ to all orders

$\circ R_{\mu\nu}(\eta_{\mu\nu}) = 0$ (Minkowski)

$$R_{\mu\nu}(g_{\mu\nu}) \equiv R_{\mu\nu}(h_{\mu\nu}) = R_{\mu\nu}^{(1)}(h_{\mu\nu}) + R_{\mu\nu}^{(2)}(h_{\mu\nu}) + \dots$$

↓
linear in $h_{\mu\nu}$!

↓
quadratic in $h_{\mu\nu}$

$$\Rightarrow 0 = R_{\mu\nu}(h_{\mu\nu}) = R_{\mu\nu}^{(1)}(h_{\mu\nu}^{(1)} + h_{\mu\nu}^{(2)}) + R_{\mu\nu}^{(2)}(h_{\mu\nu}^{(1)}) + \dots$$

$$\stackrel{\text{linear!}}{=} \underbrace{R_{\mu\nu}^{(1)}(h_{\mu\nu}^{(1)})}_{\text{1st order}} + \underbrace{R_{\mu\nu}^{(1)}(h_{\mu\nu}^{(2)}) + R_{\mu\nu}^{(2)}(h_{\mu\nu}^{(1)})}_{\text{2nd order!}} + \dots$$

$$\Rightarrow \text{1st: } R_{\mu\nu}^{(1)}(h_{\mu\nu}^{(1)}) = 0 \quad \checkmark$$

$$\text{2nd: } \boxed{R_{\mu\nu}^{(1)}(h_{\mu\nu}^{(2)}) = -R_{\mu\nu}^{(2)}(h_{\mu\nu}^{(1)}) =: 8\pi G \bar{T}_{\mu\nu}}$$

↓
1st order on
2nd order field

↓
2nd order operator
on 1st order field

↳ so all we have to do
is evaluate $R_{\mu\nu}$ to 2nd order!

$$\cdot R_{\mu\nu}^{(2)}(h_{\mu\nu}) = \dots$$

to all orders

$$R_{\mu\nu} = \Gamma^{\alpha}{}_{\nu\mu, \alpha} - \Gamma^{\alpha}{}_{\alpha\mu, \nu} + \Gamma^{\alpha}{}_{\alpha\lambda} \Gamma^{\lambda}{}_{\nu\mu} - \Gamma^{\alpha}{}_{\nu\lambda} \Gamma^{\lambda}{}_{\alpha\mu}$$

to 2nd order =

$$[(\eta^{\alpha\lambda} - h^{\alpha\lambda}) \Gamma^{\lambda}{}_{\nu\mu}]_{, \alpha} - [(\eta^{\alpha\lambda} - h^{\alpha\lambda}) \Gamma^{\lambda}{}_{\alpha\mu}]_{, \nu} + \Gamma^{\alpha}{}_{\alpha\lambda} \Gamma^{\lambda}{}_{\nu\mu} - \Gamma^{\alpha}{}_{\nu\lambda} \Gamma^{\lambda}{}_{\alpha\mu}$$

Note: $\Gamma^{\lambda}{}_{\nu\mu} \equiv \frac{1}{2} (h^{\lambda\alpha}{}_{, \nu} + h^{\lambda\alpha}{}_{, \mu} - h^{\alpha\mu}{}_{, \lambda})$ is exactly 1st order in h .

$$\Rightarrow R_{\mu\nu}^{(2)} = - (h^{\alpha\lambda} \Gamma^{\lambda}{}_{\nu\mu})_{, \alpha} + (h^{\alpha\lambda} \Gamma^{\lambda}{}_{\alpha\mu})_{, \nu} + \Gamma^{\alpha}{}_{\alpha\lambda} \Gamma^{\lambda}{}_{\nu\mu} - \Gamma^{\alpha}{}_{\nu\lambda} \Gamma^{\lambda}{}_{\alpha\mu}$$

$$\equiv -8\pi G \bar{T}_{\mu\nu}$$

done

Caution: \circ at every point p we can choose $g_{\mu\nu}|_p = \eta_{\mu\nu}$ & $g_{\mu\nu, \lambda} = 0$

\Rightarrow we can achieve $R_{\mu\nu}|_p = 0$ by choosing coordinates!?!
 $\Rightarrow R_{\mu\nu}^{(2)}$ is not a tensor.

\Rightarrow Non-localizability of Gravitational Energy & Momentum!

Trick: • Average over ^{several} wave-lengths!

$$t_{pv} \rightarrow \langle t_{pv} \rangle_{\text{several wave lengths}}$$

- avoids non-localizability issue
- permits ^{setting} total derivatives to zero: $\langle \frac{\partial}{\partial x^\alpha} X \rangle = 0$
- thus also allows partial differentiation \rightarrow boundary term disappears

$$\langle A_{,p} B \rangle = - \langle A_{,p} B \rangle$$

I skip the math here. But in the transverse traceless gauge

we get $\langle R_{\rho\nu}^{(0)\text{TT}} \rangle = -\frac{1}{4} \langle (R_{\alpha\beta}^{\text{TT}})_{,p} (R^{\text{TT}\alpha\beta})_{,v} \rangle$

It's trace is $-\frac{1}{4} \langle R_{\alpha\beta, p} h^{\alpha\beta, p} \rangle = +\frac{1}{4} \langle (\square h_{\alpha\beta}) h^{\alpha\beta} \rangle = 0$

$$\Rightarrow t_{pv} = \frac{1}{32\pi G} \langle R_{\alpha\beta, p}^{\text{TT}} h^{\text{TT}\alpha\beta}_{,v} \rangle$$

For a plane wave:

$$h_{\alpha\nu}^{\text{TT}} = H_{\alpha\nu} \sin k_x x \quad \parallel \hat{e}_2$$

$$t_{pv} = \frac{1}{32\pi G} \underbrace{k_y k_y}_{\omega \begin{pmatrix} 1 & 0 & 0 & -1 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ -1 & 0 & 0 & 1 \end{pmatrix}} H_{\alpha\beta} H^{\alpha\beta} \underbrace{\langle \cos^2 k_x x \rangle}_{\frac{1}{2}}$$

$$\Rightarrow t_{pv} = \frac{\omega^2}{32\pi G} (h_y^2 + h_x^2) \begin{pmatrix} 1 & 0 & 0 & -1 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ -1 & 0 & 0 & 1 \end{pmatrix}_{\rho\nu}$$

$$\frac{\pi f^2}{84} (h_y^2 + h_x^2)$$

Detecting Gravitational Waves Problems 2

Wave form of a compact binary inspiral

In class we have seen that in the limit of a slowly moving source the gravitational wave strain radiated from a source can be calculated by the famous quadrupole formula

$$h_{\mu\nu}^{TT} = \frac{2G}{r} \ddot{J}_{ij}^{TT}(t-r) \quad (1)$$

where J_{ij}^{TT} is the transverse-traceless component of the reduced quadrupole moment. We have also seen that the energy-momentum pseudo-tensor for gravitational waves is given by

$$t_{\mu\nu} = \frac{1}{32\pi G} \langle \dot{h}_{\alpha\beta,\mu}^{TT} \dot{h}^{TT\alpha\beta}_{,\nu} \rangle, \quad (2)$$

where $\langle \dots \rangle$ denotes the average over several wave length. We want to use this to estimate the wave form of a compact binary inspiral to 0th order.

1 Kepler motion for a circular binary with masses m_1 and m_2

Two stars with masses m_1 and m_2 are orbiting each other in a circular orbit. As usual we define the separation between the stars a , the orbital angular frequency Ω , the total mass $M = m_1 + m_2$ and the reduced mass $\mu = (m_1 m_2)/M$. Find the relation between Ω , M and a (Kepler's third law), as well as the orbit of each star. $\vec{x}_1(t)$ and $\vec{x}_2(t)$. (Choose the x-y plane as orbital plane.)

Now find the reduced quadrupole momentum J_{ij} of this binary.

2 Total energy emitted

Proof that

$$\begin{aligned} \int_{S^2} d^2\Omega &= 4\pi \\ \int_{S^2} n_i n_j d^2\Omega &= \frac{4\pi}{3} \delta_{ij} \\ \int_{S^2} n_i n_j n_k n_l d^2\Omega &= \frac{4\pi}{15} (\delta_{ij}\delta_{kl} + \delta_{ik}\delta_{jl} + \delta_{il}\delta_{jk}). \end{aligned} \quad (3)$$

Use this to show that

$$\int_{S^2} J_{ij}^{TT} J^{TTij} d^2\Omega = \frac{8\pi}{5} J_{ij} J^{ij}. \quad (4)$$

Now calculate the total power that is emitted in GW by the binary system. Result:

$$P_{\text{emitted}} = \frac{32 G^4 \mu^2 M^3}{5 a^5} \quad (5)$$

3 The wave form

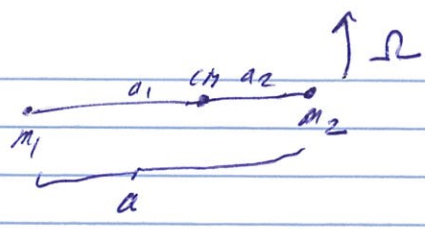
Use energy conservation to find a solution for stars' separation $a(t)$ as a function of time, $a(t) = a_0(1 - t/\tau_0)^{1/4}$. Find the time to merger τ_0 as a function of the gravitational wave frequency $f_{\text{gw}} = 2f = \Omega/\pi$ and the chirp mass $M_{\text{chirp}} = \mu^{3/5} M^{2/5}$. You should get

$$\tau_0 = 3.0 \text{ sec} \left(\frac{100 \text{ Hz}}{f_{\text{gw}}} \right)^{8/3} \left(\frac{M_{\text{sun}}}{M_{\text{chirp}}} \right)^{5/3} \quad (6)$$

For observers on the x-axis (in orbital plane) and on the z-axis (perpendicular to the orbital plane), find the amplitude and frequency for both the plus and cross polarization as a function of time.

P2

1)



Force equil: $m_1 a_1 \Omega^2 = m_2 a_2 \Omega^2 = \frac{G M \mu}{a^2}$

$M = m_1 + m_2$

$\mu = \frac{m_1 m_2}{M}$

i.e. $a_1 m_1 = a_2 m_2$

$\mu \cdot M = m_1 \cdot m_2$

$\Rightarrow a \cdot \mu = (a_1 + a_2) \mu = a_1 \left(\frac{m_2}{m_2} + \frac{m_1}{m_2} \right) \frac{m_1 m_2}{m_1 + m_2} = a_1 m_1 = a_2 m_2$

$\Rightarrow \boxed{a^3 = \frac{G M}{\Omega^2}}$ Kepler

$\Rightarrow \vec{x}_1 = a_1 \begin{pmatrix} \cos \Omega t \\ \sin \Omega t \\ 0 \end{pmatrix}$ & $\vec{x}_2 = a_2 \begin{pmatrix} \cos \Omega t \\ \sin \Omega t \\ 0 \end{pmatrix}$

$\Rightarrow I_{ij} = \int \rho(x) x^i x^j d^3x$

with $\rho = m_1 \delta^3(x - x_1) + m_2 \delta^3(x - x_2)$

$= m_1 x_1^i x_1^j + m_2 x_2^i x_2^j = \left(\frac{m_1 a_1^2}{a^2} + \frac{m_2 a_2^2}{a^2} \right) x^i x^j = \mu x^i x^j$

$\mu a^2 \begin{pmatrix} \cos^2 \sin \cos & 0 \\ \sin \cos \sin^2 & 0 \\ 0 & 0 \end{pmatrix}$

$I = \mu a^2 \Rightarrow \gamma_{ij} = \mu a^2 \begin{pmatrix} \cos^2 - \frac{1}{3} & \sin \cos \\ \sin \cos & \sin^2 - \frac{1}{3} \\ & & -\frac{1}{3} \end{pmatrix}$

$\gamma_{ij} = \mu a^2 \begin{pmatrix} \frac{1}{2} \cos + \frac{1}{2} - \frac{1}{3} & \frac{1}{2} \sin \\ \frac{1}{2} \sin & -\frac{1}{2} \cos + \frac{1}{2} - \frac{1}{3} \end{pmatrix}$

$\cos^2 \Omega = \frac{1}{2} \cos 2\Omega + \frac{1}{2}$
 $\sin^2 \Omega = -\frac{1}{2} \cos 2\Omega + \frac{1}{2}$
 $\sin \Omega \cos \Omega = \frac{1}{2} \sin 2\Omega$

$\gamma_{ij} = \frac{(4\pi)^3 \mu a^2}{2} \begin{pmatrix} \cos & \sin \\ \sin & -\cos \\ & & 0 \end{pmatrix}$

$$2) \int d^2\Omega = \underline{4\pi} \checkmark$$

$$1) \int n_i n_j d^2\Omega = 0 \text{ for } i \neq j \text{ (symmetry)}$$

$$\Rightarrow \int n_i n_i d^2\Omega = d \int d^2\Omega \Rightarrow \text{take trace} \Rightarrow 3d = 4\pi \quad \underline{d = \frac{4\pi}{3}}$$

$$1) \int n_i n_j n_k n_l d^2\Omega = 0 \text{ unless indices are pairwise the same.}$$

$$\text{e.g. } \int n_i^4 d^2\Omega = 2\pi \int_0^\pi \cos^4 \theta \sin \theta d\theta = \frac{4\pi}{5}$$

$$\text{also } \int n_1^4 + n_1^2 n_2^2 + n_1^2 n_3^2 d^2\Omega = \int n_i^2 d^2\Omega = \frac{4\pi}{3}$$

$$= \frac{4\pi}{5} \quad \downarrow \quad \downarrow \quad \downarrow \quad \Rightarrow \underline{\underline{\beta = \frac{4\pi}{15}}}$$

$$\text{Where } \int n_i n_j n_k n_l d^2\Omega = \beta (\delta_{ij} \delta_{kl} + \delta_{ik} \delta_{jl} + \delta_{il} \delta_{jk}) + \gamma \delta_{ij} \delta_{kl} \delta_{ik}$$

$$\text{all indices the same} \Rightarrow \gamma = 0$$

$$\Rightarrow \int \eta_{ij}^{TT} \eta_{ij}^{TT} d^2\Omega = \int \eta_{ij} \quad (P_i^k P_j^l - \frac{1}{2} P_{ij} P^{kl}) \eta_{kl} \quad P_{ij} = \delta_{ij} - n_i n_j$$

$$= \int \eta_{ij} \left[(\delta_i^k - n_i n_k) (\delta_j^l - n_j n_l) - \frac{1}{2} (\delta_{ij} - n_i n_j) (\delta_{kl} - n_k n_l) \right] \eta_{kl}$$

~~$$= \int \eta_{ij} \eta_{kl} d^2\Omega$$~~

$$= \eta_{ij} \left(4\pi - 2 \frac{4\pi}{3} + \frac{1}{2} \frac{4\pi}{15} \cdot 2 \right) \eta^{ij} = 4\pi \frac{6}{15} \eta_{ij}^k = \underline{\underline{\frac{8\pi}{5} \eta_{ij} \eta^{ij}}}$$

Putting everything together: $\cdot R_{ij}^{TT} = \frac{24}{r} \frac{d^2}{dt^2} [y_{ret}]^{TT}$

$$\cdot P = \int_{\Sigma} t^{0i} n_i r^2 d^2 \Omega$$

$$\cdot t^{0i} = \frac{1}{32\pi G} \left\langle R_{kj}^{TT} R^{TTkj} \right\rangle$$

$$= \frac{1}{32\pi G} \underbrace{(2\Omega)^2}_{\substack{\uparrow \\ \text{GW freq.} \\ \rightarrow \text{orbital} \\ \text{frequency}}} \left\langle R_{kj}^{TT} R^{TTkj} \right\rangle$$

$$\cdot \left\langle R_{kj}^{TT} R^{TTkj} \right\rangle = \frac{4G^2}{r^2} (2\Omega)^4 \left\langle [y_{ret}]_{kj}^{TT} [y_{ret}]_{kj}^{TT} \right\rangle$$

$$\cdot y_{kj}^{ret} \stackrel{\substack{\uparrow \\ \text{no constant parts}}}{=} \frac{\mu a^2}{2} \begin{pmatrix} \cos 2\Omega t & \sin 2\Omega t & 0 \\ \sin 2\Omega t & \cos 2\Omega t & 0 \\ 0 & 0 & 0 \end{pmatrix}_{kj}$$

$$\Rightarrow y_{kj} y^{kj} = \frac{\mu^2 a^4}{4} \cdot 2(\cos^2 2\Omega t + \sin^2 2\Omega t) = \frac{\mu^2 a^4}{2}$$

$$\Rightarrow \int_{\Sigma} y_{ij}^{TT} y^{TTkj} d^2 \Omega = \frac{8\pi}{2 \cdot 5} \mu^2 a^4 = \frac{4\pi}{5} \mu^2 a^4$$

$$\Rightarrow \left[P = \frac{1}{32\pi G} (2\Omega)^6 \cdot 4G^2 \cdot \frac{8\pi}{5} \frac{\mu^2 a^4}{2} = \frac{32}{5} G \mu^2 a^4 \Omega^6 \right]$$

$$\cdot \Omega^2 = \frac{GM}{a^3} \Rightarrow \Omega^6 = \frac{G^3 M^3}{a^9}$$

$$\Rightarrow \left[P = \frac{32}{5} \frac{G^4 \mu^2 M^3}{a^5} \right]$$

~~$$P = \frac{32}{5} \frac{G^4 \mu^2 M^3}{a^5}$$~~

~~$$P = \frac{32}{5} \frac{G^4 \mu^2 M^3}{a^5}$$~~

$$3) \text{ orbital energy: } \frac{1}{2} \mu a^2 \Omega^2 - \frac{GM\mu}{a} \stackrel{\text{Virial}}{\text{or Kepler}} = -\frac{GM\mu}{2a}$$

$$P = \dot{E} = \frac{GM\mu}{2a^2} \dot{a} \stackrel{!}{=} -\frac{32}{5} \frac{G^4 \mu^2 M^3}{a^5}$$

$$\Rightarrow \boxed{\dot{a} a^3 = -\frac{64}{5} G^3 \mu M^2}$$

$$\Rightarrow a(t) = a_0 \left(1 - \frac{t}{\tau}\right)^{\frac{1}{4}} \Rightarrow \dot{a} a^3 = -\frac{1}{4\tau} a_0^4$$

$$\Rightarrow \frac{1}{\tau} = \frac{256}{5} \frac{G^3 \mu M^2}{a_0^4 c^5}$$

$$\text{use } \Omega^2 = \frac{GM}{a^3} \Rightarrow a^4 = G^{\frac{4}{3}} M^{\frac{4}{3}} \Omega^{-\frac{8}{3}}; \quad \Omega = 2\pi f_{\text{orb}} = \pi f_{\text{gw}}$$

$$\Rightarrow \tau = \frac{5 \pi^{-\frac{8}{3}}}{256} f_g^{-\frac{5}{3}} M_{ch}^{-\frac{5}{3}} G^{-\frac{5}{3}} c^5$$

$$\tau = 386 \text{ s} \left(\frac{100 \text{ Hz}}{f_g}\right)^{\frac{5}{3}} \cdot \left(\frac{M_{\odot}}{M_{ch}}\right)^{\frac{5}{3}}$$

$$M_{ch}^5 = \mu^3 M^2$$

$$f_{gw}(t) : (\pi f_g)^2 = \Omega^2 = \frac{GM}{a^3}$$

$$a^2 = \frac{G^{2/3} M^{2/3}}{(\pi f_g)^{2/3}}$$

$$f_g^2 = \frac{GM}{\pi^2 a^3}$$

$$f_g = \frac{\sqrt{GM}}{\pi} a^{-3/2} = f_{gw}^0 \cdot \left(1 - \frac{t}{\tau}\right)^{-3/8}$$

$$\phi = 2\pi \cdot \int f_g dt + \text{const}$$

$$\Rightarrow \phi(t) = -2\pi f_{gw}^0 \cdot \tau \cdot \frac{8}{5} \left(1 - \frac{t}{\tau}\right)^{5/8}$$

$$\Rightarrow h_{ij}^{TT} = \frac{d^2}{dt^2} \cdot \frac{2G}{r} \frac{\mu a^2}{2} \frac{1}{c^4} \begin{bmatrix} \cos \phi & \sin \phi & 0 \\ \sin \phi & -\cos \phi & 0 \\ 0 & 0 & 0 \end{bmatrix}^{TT}$$

$$\approx \frac{GM}{r} (2\pi f_{gw}^0)^2 a^2 \frac{1}{c^4} \begin{bmatrix} \cos \phi & \sin \phi & 0 \\ \sin \phi & -\cos \phi & 0 \\ 0 & 0 & 0 \end{bmatrix}^{TT}$$

$$= \frac{GM}{r} 4\pi^2 \frac{G^{2/3} M^{2/3}}{\pi^{4/3}} \frac{f_{gw}^2}{f_{gw}^{4/3}} \begin{bmatrix} \cos \phi & \sin \phi & 0 \\ \sin \phi & -\cos \phi & 0 \\ 0 & 0 & 0 \end{bmatrix}^{TT}$$

$$= -4 \cdot \pi^{2/3} \frac{(GMch)^{5/3}}{r} \frac{2}{f_{gw}^{1/3} c^4} \begin{bmatrix} \cos \phi & \sin \phi & 0 \\ \sin \phi & -\cos \phi & 0 \\ 0 & 0 & 0 \end{bmatrix}^{TT}$$

e.g. $M_A \approx 20 \text{ solar masses}$, $f \approx 300 \text{ Hz}$, $r = 0.84 \text{ pc} (2 \times 10^2)$

$$\Rightarrow h \approx 10^{-21}$$

Up to what frequency can we believe this?

• we implicitly assumed $\ddot{\phi} \ll \dot{\phi}^2$ (quasi-circular orbit)

• also once $a(t) \approx \# \frac{2GM}{c^2} \Rightarrow$ lin. gravity no longer good...

↳ Note: Termination condition breaks

chirp mass degeneracy \Rightarrow we can find m_1, m_2

Absorption of GW in matter

Setup: Assume plane incident wave: $h_{\mu\nu} = A_{\mu\nu} e^{ik_\alpha x^\alpha}$

• \Rightarrow this is in TT gauge.

(e.g. h_+ pol.)

• We in Lorentz gauge:

$$\square \bar{h}_{\mu\nu} = -16\pi G T_{\mu\nu}$$

\Rightarrow Since we are only looking for plane waves we can use the TT projection:

$$[\square \bar{h}_{\mu\nu}]^{TT} = -16\pi G T_{\mu\nu}^{TT}$$

$$\Rightarrow \square h_{\mu\nu}^{TT} = -16\pi G T_{\mu\nu}^{TT}$$

For scatter:

\uparrow
scatter amplitude

\uparrow
induced quadrupole moment

• For freely falling dust: $T_{\mu\nu} \sim \rho v_i v_k \sim O(h_0^2) \Rightarrow$ 2nd order!

\uparrow
 $v \propto h$

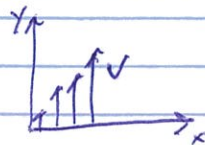
\Rightarrow no $T_{\mu\nu}^{TT}$ due to GW to lin order...

• For a perfect fluid: no resistance to shearing... same answer as for dust...

• For material with viscosity η

Def: Rate of shear: $\sigma_{ij} = \frac{1}{2}(v_{i,j} + v_{j,i}) - \frac{1}{3} v_k v^k \delta_{ij}$ Units: H

Example: $v_x = v_z = 0$; $v_y = dx \Rightarrow \sigma_{12} = \frac{1}{2} \dot{d}$



Viscosity η is defined as resistance to shear:

$$\delta T_{ij} = -2\eta \sigma_{ij}$$

What is the rate of shear for a passing GW?

$$\delta x^i = \frac{1}{2} h_{ij}^{TT} x^j \Rightarrow v^i = \frac{1}{2} \dot{h}_{ij}^{TT} x^j$$

Def of Riemann:

$$\boxed{v_{ij} = \frac{1}{2} \dot{h}_{ij}^{TT}}$$

$$\alpha^i = R^i{}_{00j} x^j = -\frac{\omega^2}{2} h_{ij}$$

$$\Rightarrow \boxed{\sigma_{ij} = \frac{1}{2} \dot{h}_{ij}^{TT}} \Rightarrow \delta T_{ij}^{TT} = -\eta \dot{h}_{ij}^{TT}$$

$$\Rightarrow (-d_t^2 + d_z^2) h_{ij}^{TT} = +16\pi G \eta d_t h_{ij}^{TT}$$

$$(\omega^2 - k^2) = -i\omega \cdot 16\pi G \eta$$

$$k^2 = \omega^2 + i\omega 16\pi G \eta$$

$$k = \omega \sqrt{1 + \frac{i16\pi G \eta}{\omega}} \approx \omega + i8\pi G \eta \quad \times 0 \left(\frac{16\eta^2}{\omega}\right)$$

$$\Rightarrow h_{ij}^{TT} \propto e^{-i\omega t + ikz} \propto e^{-8\pi G \eta z}$$

$$\Rightarrow \text{attenuation length: } \underline{\underline{L_{att} = \frac{c^3}{8\pi G \eta}}}$$

$$= 3.14 \cdot 10^9 \frac{\text{g/pascal-sec}}{2}$$

• Hubble distance

$$= 3.14 \cdot 10^9 \text{ Hubble distances} \times \frac{1 \text{ pc-sec}}{2}$$

$$\text{e.g. water glass: } \eta \approx 10^3 \text{ pascal-sec}$$

(Similar: for elastic materials: Shear: $\Sigma_{ij} = \int \sigma_{ij} dt = \frac{1}{2} h_{ij}^{TT}$)

$$\delta T_{ij} = -2\mu \underbrace{\Sigma_{ij}}_{\text{shear modulus}} = -h_{ij}^{TT}$$

$$\Rightarrow \boxed{\square h_{ij} = 16\pi G \mu h_{ij}^{TT}}$$

$$\Rightarrow v_{phase} = \frac{\omega}{k} = 1 + 8\pi G \frac{\mu}{k^2}$$

$$v_{group} = \frac{d\omega}{dk} = 1 - 8\pi G \frac{\mu}{k^2} \quad (cc)$$

This concludes our discussion of gravitational waves in General Relativity. We now switch to

Design constraints for Gravitational Wave detectors

In source coordinates & in TT gauge we have

$$h_+(t, \vec{r}) = h_+(t+z)$$

$$h_x(t, \vec{r}) = h_x(t+z)$$

$$h_{\alpha\beta} = \begin{pmatrix} h_+ & h_x & 0 \\ h_x & -h_+ & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

(only the spatial part of $h_{\alpha\beta}$)

coordinate transform: \vec{x}_0 source coordinates
 \vec{x} detector coordinates

$$\vec{x} = R^T \vec{x}_0$$

$$\text{(i.e. } d\vec{x} = R^T dx_0 \text{)}$$

$$\Rightarrow \boxed{h = R^T h_0 R}$$

$$\text{(since } dx^T h dx = dx_0^T h_0 dx_0 \text{)}$$

$$\text{with } R_z(\phi) = \begin{pmatrix} \cos\phi & \sin\phi & 0 \\ -\sin\phi & \cos\phi & 0 \\ 0 & 0 & 1 \end{pmatrix}; \quad R_y(\theta) = \begin{pmatrix} \cos\theta & 0 & 0 & -\sin\theta \\ 0 & 1 & 0 & 0 \\ \sin\theta & 0 & 0 & \cos\theta \end{pmatrix}$$

$$R_z(\psi) = \begin{pmatrix} \cos\psi & \sin\psi & 0 \\ -\sin\psi & \cos\psi & 0 \\ 0 & 0 & 1 \end{pmatrix}$$

$$\Rightarrow \boxed{R = R_z(\psi) R_y(\theta) R_z(\phi)}$$

$\Rightarrow h_{ij}$ has all 9 components

$$\Rightarrow \boxed{h_{ij} = h_{ij}(t + \vec{n} \cdot \vec{r})}$$

Light propagation in the detector

- We need the null-trajectories for

$$ds^2 = -dt^2 + (\delta_{ij} + h_{ij}(t + \vec{n} \cdot \vec{r})) dx^i dx^j$$

\Rightarrow for light traveling along the x -direction

$$dt^2 = [1 + h_{xx}(t + n_x \cdot x)] dx^2$$

$$\Rightarrow \text{coordinate velocity } v_x = \frac{dx}{dt} = \pm \frac{1}{\sqrt{1 + h_{xx}(t + n_x \cdot x)}} = \pm \left(1 - \frac{1}{2} h_{xx}(t + n_x \cdot x)\right)$$

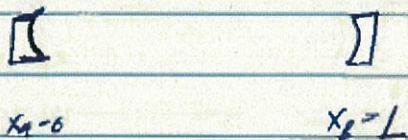
$$\Rightarrow \text{trajectory of photon } x(t) = x_0 + \int_{t_0}^t v_x(t', x') dt'$$

$$\text{more convenient in inverse form: } \frac{1}{v_x} = \pm \left(1 + \frac{1}{2} h_{xx}(t + n_x \cdot x)\right)$$

$$t(x) = t_0 + \int_{x_0}^x \frac{dx'}{v_x(t', x')}$$

$$\Rightarrow \boxed{t(x) = t_0 + \frac{x - x_0}{c} + \frac{1}{2} \int_{x_0}^x h_{xx}(t_0 + x' - x_0 + n_x x') dx'}$$

Photon round-trip time



• unperturbed propagation time $T=L$

• forward propagation, $t = \text{end of trip}$

$$T_1(t) = T + \frac{1}{2} \int_0^L h_{xx}(t-L+x+n_x \cdot x) dx$$

• similarly, the return trip takes

$$T_2(t) = T + \frac{1}{2} \int_0^L h_{xx}(t-x+n_x \cdot x) dx$$

$$\Rightarrow T_{r.t.}(t) = T_2(t) + T_1(t-T) \quad (\text{to 1st order } T_2(t) = T)$$

$$\Rightarrow \delta T_{r.t.}(t) = \frac{1}{2} \int_0^L [h_{xx}(t-2T+x+n_x \cdot x) + h_{xx}(t-x+n_x \cdot x)] dx$$

"change in round-trip time \propto integral of strain along unperturbed light path"

• This can be expressed in Fourier domain, e.g. $h_{xx}(v) = h_{xx_0} e^{-i\omega v}$

$$\Rightarrow \delta T_{r.t.}(\omega) = \frac{1}{-2i\omega} \left[\frac{1 - e^{i\omega(1-n_x)T}}{(1-n_x)} - e^{2i\omega T} \frac{1 - e^{-i\omega(1+n_x)T}}{(1+n_x)} \right] \cdot \frac{h_{xx_0} e^{-i\omega t}}{h_{xx}(\omega)}$$

$$\delta T_{r.t.}(\omega) = D(\omega, n_x) \cdot h_{xx}(\omega)$$

Similarly, for the other arm we get

$$\delta T_{r,y}(t) = \frac{1}{2} \int_0^L [h_{yy}(t-2T+y+\alpha_y \cdot y) + h_{yy}(t-y+\alpha_y \cdot y)] dy$$

$$\delta T_{r,y}(\omega) = \frac{1}{2i\omega} \left[\frac{1-e^{i\omega(1-\alpha_y)T}}{(1-\alpha_y)} - e^{2i\omega T} \frac{1-e^{-i\omega(1+\alpha_y)T}}{(1+\alpha_y)} \right] h_{yy}(\omega)$$

$$\delta T_{r,y}(\omega) = D(\omega, \alpha_y) h_{yy}(\omega)$$

For the travel time difference, we thus get

$$\Delta ST(t) = \frac{1}{2} \int_0^L [h_{xx}(t-2T+\xi+\alpha_x \cdot \xi) - h_{yy}(t-2T+\xi+\alpha_y \cdot \xi) + h_{xx}(t-\xi+\alpha_x \cdot \xi) - h_{yy}(t-\xi+\alpha_y \cdot \xi)] d\xi$$

$$\Delta ST(\omega) = D(\omega, \alpha_x) h_{xx}(\omega) - D(\omega, \alpha_y) h_{yy}(\omega)$$

response of Michelson interferometer (or cavities)

This results in a laser light phase difference $\Delta \phi$ (ω_0 : laser frequency)

$$\Delta \phi = \omega_0 \Delta ST(\omega)$$

Remarks: at D.C. ($\omega=0$): $\left[D(\omega, \cdot) \xrightarrow{\omega \rightarrow 0} T \Rightarrow \Delta ST = T(h_{xx} - h_{yy}) \right]$

But at A.C. the interferometer is sensitive to the integral of the strain along the light path. (obvious in TT-gauge, but true in any gauge)

In contrast, mirror displacement noise only enters at discrete times $N \cdot T$ (reflections).

Antenna response of a Michelson Interferometer (no arm cavities)

$$\Delta ST(\omega) = \sum_{ij} [D(\omega, n_x) \hat{e}_x \cdot \hat{e}_{xj} - D(\omega, n_y) \hat{e}_y \cdot \hat{e}_{yj}] h_{ij}(\omega)$$

$$= \sum_{ij} [D(\omega, n_x) (R\hat{e}_x)_i (R\hat{e}_x)_j - D(\omega, n_y) (R\hat{e}_y)_i (R\hat{e}_y)_j] h_{ij}(\omega)$$

↑
in source frame

where $n_x = n_x(\theta, \phi) = \sin \theta \cos \phi$

$n_y = n_y(\theta, \phi) = \sin \theta \sin \phi$

$R = R_z(\psi) R_y(\theta) R_z(\phi)$

at D.C.

$$\Delta ST = T \sum_{ij} [(R\hat{e}_x)_i (R\hat{e}_x)_j - (R\hat{e}_y)_i (R\hat{e}_y)_j] h_{ij}$$

$$= 2T [F_+(\psi, \theta, \phi) R_+ + F_x(\psi, \theta, \phi) R_x]$$

Note: $F_x(\psi, \theta, \phi) = F_+(\psi + \frac{\pi}{4}, \theta, \phi)$

$F_+(0, 0, 0) = 1$

• Δ - At non-zero frequency the antenna response does not factorize into " $D(\omega)$ " * " F_{ix} "

- Instead, each arm gets its own Frequency response $D(\omega, n_{x,y})$

- This becomes important for LIGO at several KHz

• Fabry-Perot arm cavity response is not included here,

Noise Limitations of Laser Interferometers

Shot noise: Naive picture: random arrival of photons!

Note: define $x(t) = \sum_i \delta(t - t_i)$ for random arrival times t_i

$$\Rightarrow \langle x(t) \rangle = \frac{1}{T} \int dt x(t) = \frac{1}{T} \sum_{i; t_i \in [0, T]} = \frac{\#}{T} = n \text{ average rate}$$

$$\begin{aligned} \Rightarrow \langle x(t) x(t+\tau) \rangle &= \left\langle \sum_i \delta(t - t_i) \delta(t - t_j + \tau) \right\rangle \\ &= \left\langle \sum_i \delta(t - t_i) \delta(t - t_i + \tau) \right\rangle + \underbrace{\left\langle \sum_i \sum_{j \neq i} \delta(t - t_i) \delta(t - t_j + \tau) \right\rangle}_{\text{chance of random coincidence} \rightarrow 0} \\ &= \sum_{i; t_i \in [0, T]} \frac{1}{T} \delta(\tau) \\ &= n \delta(\tau) \end{aligned}$$

$$\begin{aligned} \Rightarrow \langle x(f) x^*(f') \rangle &= \iint e^{2\pi i f t} e^{-2\pi i f' t'} \langle x(t) x(t') \rangle dt dt' = \int dt e^{2\pi i (f-f')t} n \\ &= n \delta(f - f') \end{aligned}$$

\Rightarrow 2-sided Power Spectral Density $S_{xx}^2 / \text{Hz} \cdot n$

one-sided $\Rightarrow S' = 2 S^2$

\Rightarrow Amplitude spectral density: $S'_x = \sqrt{S_{xx}'} = \sqrt{2 n'}$

for Power: $P = h\nu x$

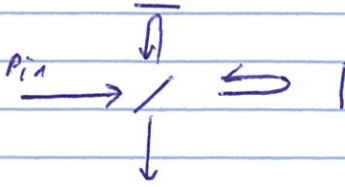
$$\Rightarrow S'_p = \sqrt{2 (h\nu) \langle P \rangle}$$

for current: $I = e x$

$$\Rightarrow S'_I = \sqrt{2 e I}$$

Photo-effect:
1 electron per photon

The Simple Michelson Interferometer



for small GW frequencies ($f_{gw} \ll \frac{1}{T}$)
 \leftarrow light 1-way travel time

Light travel time difference:

$$\Delta \delta T = 2T [F_+ h_+ + F_x h_x]$$

Convention: Field amplitude in $\sqrt{\text{Watt}}$: $|A|^2 = \text{Power}$

Definition: Differential arm length $x_{\text{DARM}} = L_x - L_y = \frac{c}{2} \Delta \delta T = L [F_+ h_+ + F_x h_x]$

Field at anti-symmetric (AS) port:

$$\begin{aligned} \Psi_{AS} &= \Psi_i \cdot \frac{1}{\sqrt{2}} \cdot \frac{1}{\sqrt{2}} [e^{i2kLx} - e^{i2kLy}] = \sqrt{\frac{P_{in}}{2}} \cdot \frac{1}{2} e^{i2kL} [e^{i2kx_0} - e^{-i2kx_0}] \\ &\quad \begin{matrix} \nearrow \nearrow \\ \Psi_i^2 = P_{in} \end{matrix} \\ &\quad \begin{matrix} \text{2 passes} \\ \text{through BS} \end{matrix} \\ &= \sqrt{P_{in}} \cdot i \sin(kx_{\text{DARM}}) \end{aligned}$$

\Rightarrow Power on DC-PD: $P_{AS} = |\Psi_{AS}|^2 = P_{in} \cdot \sin^2(kx_0)$

\Rightarrow Position sensitivity: $\frac{\partial P_{AS}}{\partial x_0} = P_{in} \cdot 2k \sin(kx_0) \cos(kx_0)$

Where on the fringe should we operate? Shot noise! $S_p = \sqrt{2(Rv) \cdot P_{AS}}$
 $= \sqrt{2Rv P_{in}} \cdot \sin(kx_0)$

\Rightarrow Displacement sensitivity: $S_x' = S_p' \cdot \frac{\partial x_0}{\partial P}$
 $= \sqrt{\frac{2Rv}{P_{in}}} \cdot \frac{1}{2k \cos(kx_0)}$

\Rightarrow Close to fringe:

$$S_x' = \frac{1}{k} \sqrt{\frac{Rv}{2P_{in}}}$$

\leftarrow Power incident to BS

Radiation Pressure noise

Also in the simple picture: each photon reflection off the end mirror

transfers the momentum $\frac{2h\nu}{c}$

The end mirror sees a force $F(t) = \frac{2R\nu}{c} \times (t) = \sum_i \delta(t-t_i)$

⇒ Force noise amplitude spectral density:

$$S_F^1 = \sqrt{2 \left(\frac{2R\nu}{c} \right)^2 \cdot \nu} = \sqrt{\frac{8R\nu}{c} P_{\text{end}}} = \sqrt{\frac{4A_2}{c^2} P_{\text{in}}}$$

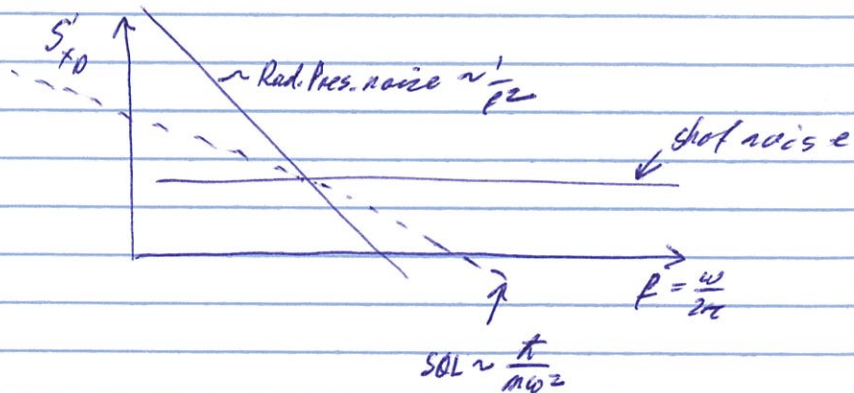
ω : audio freq.

$$\Rightarrow S_x^1 = \frac{1}{m\omega^2} S_F^1 = \frac{1}{m\omega^2} \sqrt{\frac{4R\nu}{c^2} P_{\text{in}}}$$

Both mirrors see uncorrelated noise ⇒ sum the power:

⇒ Radiation pressure noise in X-DARM = $L_x - L_y$:

$$S_{x_D}^1(\omega) = \frac{2}{m\omega^2 c} \sqrt{2R\nu P_{\text{in}}}$$



Standard quantum limit (SQL): at each frequency: for same P_{in}

the sum of radiation pressure & shot noise has a minimum ⇒ SQL.